



**YB Champion's Tae Kwon Do**  
**Application for promotion to**  
**L.C. GREEN STRIPE**

Due Date: _____
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Testing Date: \_\_\_\_\_ Test Time: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

*Students are asked to stay for the duration of the promotion test.  
 Please see instructors ahead of time if you have a schedule conflict.*

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**APPLICANTS PLEASE ANSWER (SEE BACK FOR ADDITIONAL QUESTIONS)**

What do you enjoy most about Tae Kwon Do?

What do you find most challenging about Tae Kwon Do?

What is your goal in Tae Kwon Do?

**For Parents Only**

What areas of progress or challenge has your child experienced during this test period?

-----*This section is for examiners' use only*-----

<b>CURRICULUM</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>Comments</b>
Basic Drills					
Kibon Poomse					
One Step Sparring					
Board Breaking (Hammer)					
Kihap					
Terminology 1					

**Examiner's Signature** \_\_\_\_\_

**YB Champion's Tae Kwon Do**  
**Black Belt Philosophy Exam:**  
**FOCUS**

**YB Champion's Tae Kwon Do, Teaching Success Skills For Life!**

**Age 4-7 Parent assistance and discussion is encouraged.**

1. Suzy Sidekick likes coming to Tae Kwon Do because she gets to see her friends. When she is in Tae Kwon Do class, she talks to her friend when the instructor is speaking.  
**Focused / Not Focused**
  2. Frankie Frontkick wants to pass his green stripe test. When he trains in Tae Kwon Do class, he tries his best to do all his stances and kicks properly and does not look around when the instructor is teaching.  
**Focused / Not Focused**
  3. At school, Robby Roundhousekick is quiet in class, pays attention to the teacher, and tries his best to get his work done.  
**Focused / Not Focused**
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Testing is a showcase of your abilities and a celebration of your accomplishments.  
Friends and family are warmly invited to be our guests!