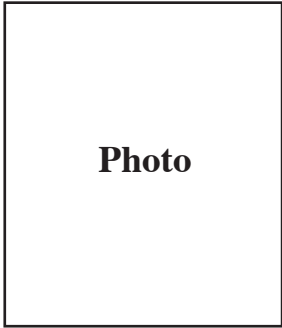




**YB Champion's Tae Kwon Do**  
 Application for promotion to  
**BLACK BELT TESTING FORM**



Name: \_\_\_\_\_ Age: \_\_\_\_\_

Uniform Size: \_\_\_\_\_ Belt Size: \_\_\_\_\_

**As a Tae Kwon Do Black Belt, you will be in a position of leadership. The best way to lead is by example. What kind of example are you planning to set for your junior belts?**

----- *This section is for examiners' use only* -----

<b>CURRICULUM</b>	<b>Balance</b>	<b>Execution</b>	<b>Understanding</b>	<b>Comments</b>
Basic Movements				
Poomse: 8				
Poomse: 5 - 6 - 7				
Poomse: 5 - 6 - 7				
<b>Self Defense</b>				
<b>Free Sparring</b>				
<b>Breaking</b>	<b>Accuracy</b>	<b>Execution</b>	<b>Understanding</b>	
Knife / Elbow				
Spinning kick				
Flying side kick				

Judge's Signature \_\_\_\_\_